

SPEED AND POWER ARE NOTHING WITHOUT VISION



When 16 stone of solid muscle is bearing down on you at full tilt the last thing you need is a gritty contact lens critically impairing your vision.

Over 90% of our sensory input comes from our visual system, which is the combination of sight (the physical) and reaction (the perceptual). For maximum performance on the field it's no surprise that professional rugby players take care to ensure they maximise visual performance.

Spectacles are not an option (for obvious reasons!) but contact lenses have provided a solution in recent years. However, due to the very physical nature of rugby training and matches many players have found significant limitations in the use of contact lenses. Firstly there is the mud, dirt and sweat that can easily enter the eye and play havoc with lenses, leading to discomfort and possible eye infections. In poor light conditions contacts can cause halo effects around the eyes, especially with floodlighting – extremely inconvenient when you're trying to catch a plummeting pass at high speed!

Rugby is a tough game and there are instances when impacts do occur on the head and around the eye socket making contact lenses a potential risk for players. We have all witnessed games as high as international level being stopped due to a lost or dislodged contact lens.

Increasingly the solution for many club and national players has been laser vision correction. Modern laser vision

correction is able to correct visual impairments to previously unattainable levels by reshaping the cornea (the front window of the eye) and thereby curing almost every type of spectacle or contact lens prescription. The laser procedure itself takes only a few seconds, is generally painless and is capable of outstanding visual improvement, often beyond 20/20.

The very latest Wavefront laser vision correction technology has been quickly accepted worldwide as a safe and highly effective treatment, performed successfully on hundreds of thousands of patients, including Tiger Woods, Lee Westwood and Paul Nixon.

Accuvision has led the way in Wavefront guided laser eye surgery since its inception and is able to achieve the optimum vision to maximise sporting performance. The Accuvision team include the optometrists responsible for the Leeds Tykes RUFC and Leeds Rhino's RLFC. Specialist vision consultants at Accuvision also work closely with the RFU, England Cricket and the Lawn Tennis Association.

A comprehensive eye examination to establish the possible benefits of laser vision correction is the first step towards optimum vision. Accuvision use advanced Wavefront diagnostics as standard on all pre-op assessments. This ensures the state-of-the-art precision laser can perform at unprecedented levels of accuracy to sculpt the cornea if, and when a laser treatment is performed.

Accuvision cater to all manner of sports men and women, taking such physical activities into account when determining which procedure would be best suited. Fear of the unknown and what might happen is something we come across in every aspect of our lives. Laser eye surgery is a very safe and predictable treatment when it is performed by experts like Accuvision with exemplary standards of treatment and care. Whatever level of rugby you are thinking of playing this coming season, why not find out for yourself if your visual system can be improved? Accuvision are here to help you tackle those visual problems head on!

For more information on vision correction or to receive your free DVD of the Accuvision experience just call 0845 000 2020 or visit www.accuvision.co.uk.

WIN FREE RUGBY TICKETS!

Quote 'Rugby Tournament Guide' when you call and you could win 2 tickets to a Six Nations home international!

GET YOUR GAME IN FOCUS

TACKLE YOUR VISION PROBLEMS HEAD ON.



The Accuvision goal is high performance vision for you, without the hassle of lenses. With the latest Wavefront laser technology and thousands of delighted patients, Accuvision are more than ever at the forefront of laser vision correction solutions. To change your view and raise your game, call us now and book your **free** consultation.

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